



CLIFTON SCHOOL

Residential visit to Black Rock: 13th - 14th September

Black Rock Outdoors Ltd specialises in outdoor activities and team building days in Somerset. We have now been established as Outdoor Providers for over 28 years. Our activities include a High Ropes Course, Archery, Kayaking, Mountain Boarding, Climbing, Caving and more. We work with School and Youth groups, corporate and social groups, family groups and more.

Our sessions are a great way to experience something new or to progress and develop skills. Many activities are based at our activity centre in Somerset which is based on Cobbs Cross Farm, also known as Secret Valley. You will be based at this location for both days. These couple of days are an opportunity for you to get meet others in your year group and to make friends.

Secret Valley:

Secret Valley is a glamping accommodation site based on Cobbs Cross Farm. Here there are Wigwams, Yurts, Teepees and Reindeer Huts. You will be staying in the wigwams, and lodges which are wooden huts, with heating, electricity and lights. These huts are located in three fields each having plenty of open space to run around in. There is an indoor kitchen and dining area where you will have your meals. Also a toilet and shower block. The farm has a variety of animals. In addition to cattle and goats there are donkeys. The farm also has vineyards and grows Christmas trees.

Programme Outline:

The activities that you will be taking part in over the two days you are with us are: The High Ropes Course, Off the ground Team Challenges, Raft Building, Kayaking and Team Games.

Outdoor Activities:

We will run a full programme in all weathers as long as it is safe to do so. However, if conditions are unsafe we will adapt and submit suitable alternatives.

Ropes Courses: Both High and Low elements. In the trees at Cobbs Cross. Trainers are the best footwear. Avoid short shorts or low cut / sleeveless tops.

Kayaking and Raft Building: Participants will need to wear clothes that they don't mind getting wet in and bring a complete change of clothes and a towel.

General requirements:

Dry clothes for activities x 2 Clothes for Kayaking Clothes for Raft Building days

Pyjamas/Bedwear	Underwear and socks	Warm Jumper x 2
Sleeping Bag	Pillow	Wash Kit/Shower Kit
Packed lunch for Thursday	Daybag for activities	Drinks Bottle
Towel x 2	Trainers (may get dirty)	Torch (if you have one)
Bin liner (for dirty/wet clothes)	Waterproof coat and overtrousers if owned	

Suitcases should not be bigger than the student, nor heavier than they can carry. Pack what is needed but leave behind what is not. It is only one night after all.

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