



WILTSHIRE COLLEGE

Residential visits to Hill House: 5th - 8th February 2018

Black Rock Outdoors Ltd specialises in Outdoor Activity courses for schools, family and adult groups. Residential courses are based at Hill House, near Bridgwater.

Activity days will be away from Hill House, either at our Outdoor Centre at Cobbs Cross or on the Mendip or the Quantock Hills. Please look at the website for further information.

Hill House:

Set in 15 acres of grounds, the House and grounds are spacious. The school will be based in the Main House in bedrooms with two to ten beds. Breakfast and evening meals will be here and a packed lunch will be prepared by all before we leave at 9.00am. Please ensure that we are made aware of any alternative diet requirements well in advance. There is a swimming pool and games room available as well as plenty of outdoor games space.

Cobbs Cross:

Our Activity Centre. Most days will be spent here. Bearing in mind the time of year, we should have tea and coffee facilities to hand and hot soup available at lunchtime. If cold, we will also light a fire in the BBQ Lodge for shelter at lunchtimes. **Please look at the website for further information.**

Programme outline:

Monday

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|---------|---|
| 11.00am | Arrive at Cobbs Cross.
Team Building day in the activity groups. |
| 4.30pm | Transfer all to Hill House to settle in and for an evening meal. |

Tuesday:

A day at Cobbs Cross. A coach from Hill House at 9.15 and returning at 4.30pm.

Wednesday:

A Caving and Climbing Day based at Burrington Combe. If the weather is too wet to climb, we will run a Gorge Walk as an alternative.

Outdoor Activities

We will run a full programme in all weathers as long as it is safe to do so. However, if conditions are unsafe we will adapt and submit suitable alternatives.

Caving:

This will be in Goatchurch Cavern. It is likely to be warmer in the cave than outside. Helmets with electric lights will be supplied, as will oversuits. Ideal clothing would be tracksuit bottoms or similar and a thickish sweatshirt. **Wellies or a walking type of boot would be essential.** Not trainers

Tree climbing:

In the trees at Cobbs Cross. Trainers will be fine. Warm clothing

Orienteering:

At Cobbs Cross

Slacklining:

At Cobbs Cross

Rock Climbing:

This will be on a crag near to the cave. Trainers are suitable.

Archery:

Ropes Courses:

Both High and Low elements. In the trees at Cobbs Cross.

Please look at the website for further information.

General requirements:

Sleeping bag	pillow case	2 towels
washing kit	indoor footwear	bin liners (for dirty clothes)
wellie boots	trainers	waterproof top
warm hat	drink bottle	sandwich box
packed lunch for Monday	socks	underwear
tracksuit bottoms or similar for caving		Warm tops

The luggage will be transported by coach and then by box trailer and may need to be carried up stairs. Suitcases should not be bigger than the student, nor heavier than they can carry. Pack what is needed but leave behind what is not. It is only three nights after all.

Contact details:

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